

## INGREDIENTS

CODE **S197**

Dicalcium Phosphate, Microcrystalline Cellulose, Vitamin B3 (Nicotinamide) 16mg (100% RDA), Stearic Acid, Vitamin B5 (Calcium D-Pantothenate) 6mg (100% RDA), Magnesium Stearate, Silicon Dioxide, Vitamin B2 (Riboflavin) 1.4mg (100% RDA), Vitamin B6 1.4mg (100% RDA), Vitamin B1 (Thiamin) 1.1mg (100% RDA), Folic Acid 200mcg (100% RDA), D-Biotin 50mcg (100% RDA), Vitamin B12 (Cyanocobalamin) 2.5mcg (100% RDA).

### **SAME DAY DESPATCH**

We will ensure your order is despatched on the day of receipt (before 12.30pm) and that all orders after 12.30pm are despatched within 24 hours.

All sent 1st class!

### **Simply Supplements**

PO Box 204, Guernsey, GY1 3NB  
Freephone Orderline: 0800 988 0292  
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**SimplySupplements**  
High Quality Vitamins & Minerals

# *Vitamin B Complex*

**BUY ONE GET ONE FREE**  
*on everything!*

**180 Tablets**

## DIRECTIONS

Take one tablet daily as a food supplement or as directed by a healthcare professional.

Do not use if the seal is broken. Do not exceed stated dose. Store in a cool dry place. Keep away from children at all times.

Pregnant and Lactating women should consult a Doctor before use.

Food supplement: This product should not be used as a substitute for a varied diet.

Caution: If under medical supervision please consult a Doctor before use. Discontinue use if adverse reactions occur.

**PRICE  
MATCH  
GUARANTEE!**

Lowest Price  
in the UK or  
we will refund  
the difference  
plus 10%!